2024 Malecek Team Wrestling - Camp Schedule

| MONDAY, JUNE 24 | (Waterpark open 10-9) | • |
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| 2:00 - 5:00 PM | Weigh-ins/skin checks | Woodside Center |
| 3:00 - 5:30 PM | Camp check-in (Head Coaches only) | Woodside Center Upper Level |
| 6:00 - 6:15 PM | Coaches meeting | Woodside Center Upper Level |
| 6:30 - 9:00 PM | 2 Duals All boys teams | Woodside Center |
| 6:30 - 8:30 PM | Challenge mat | Woodside Center |
| 6:30 - 9:00 PM | Dual/s: ALL girls teams | Woodside Center |
| 8:00 - 10:00 PM | Meal | Riverview North & South |
| 11:00 PM | Lights out | |
| TUESDAY, JUNE 25 | (Waterpark open 10-9) | |
| 7:00 - 8:00 AM | Meal | Riverview North & South |
| 7:00 AM | Wrestling facility open | Woodside Center |
| 9:00 - 11:00 AM | 2 Duals: All boys teams | Woodside Center |
| 9:00 - 11:00 AM | 2 Duals: All girls teams | Woodside Center |
| 9:00 - 11:00 AM | Challenge mat open | Woodside Center |
| 11:30 - 12:30 PM | Meal | Riverview North & South |
| 2:30 - 3:30 PM | Technique (all athletes & coaches) | Woodside Center |
| | Team Building/Technique 1/2 teams - Team Building | |
| | 1/2 teams - Technique w/Lead Clinicians | Woodside Center |
| 5:00 - 6:00 PM | Meal | Riverview North & South |
| 6:00 - 10:00 PM | All Star Dual: boys | Woodside Center |
| 6:00 - 10:00 PM | Individual tournament: boys | Woodside Center |
| 6:00 - 10:00 PM | Individual tournament: girls | Woodside Center |
| 11:00 PM | Lights out | |
| WEDNESDAY, JUNE 26 (Waterpark open 10-9) | | |
| 7:00 - 8:00 AM | | Riverview North & South |
| | Wrestling facility open | Woodside Center |
| | | Woodside Ceriter |
| | Coach session-All Head Coaches w/Dave Malecek) | Woodside Center |
| | Coach session-All Head Coaches w/Dave Malecek) Technique (all athletes & assistant coaches) | Woodside Center |
| | Technique (all athletes & assistant coaches) Team Building/Technique | Woodside Center Woodside Center Woodside Center |
| 9:00 - 10:00 AM | Technique (all athletes & assistant coaches) Team Building/Technique 1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians | Woodside Center |
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