2024 Malecek Team Wrestling - Camp Schedule

SCHEDULE: Tentative

	(Waterpark open 10-9)	
2:00 - 5:00 PM	Weigh-ins/skin checks	Woodside Center
3:00 - 5:30 PM	Camp check-in (Head Coaches only)	Woodside Center Upper Level
6:00 - 6:15 PM	Coaches meeting	Woodside Center Upper Level
6:30 - 9:00 PM	2 Duals All boys teams	Woodside Center
6:30 - 8:30 PM	Challenge mat	Woodside Center
6:30 - 9:00 PM	Dual/s: ALL girls teams	Woodside Center
8:00 - 10:00 PM	Meal	Riverview North & South
11:00 PM	Lights out	
UESDAY, JUNE 25	(Waterpark open 10-9)	'
7:00 - 8:00 AM		Riverview North & South
7:00 AM	Wrestling facility open	Woodside Center
	2 Duals: All boys teams	Woodside Center
	2 Duals: All girls teams	Woodside Center
	Challenge mat open	Woodside Center
11:30 - 12:30 PM		Riverview North & South
	Technique (all athletes & coaches)	Woodside Center
2.00 0.001 111	Team Building/Technique	Woodside Certier
3:30 - 4:45PM	1/2 teams - Team Building	
	1/2 teams - Technique w/Lead Clinicians	Woodside Center
5:00 - 6:00 PM	Meal	Riverview North & South
6:00 - 10:00 PM	All Star Dual: boys	Woodside Center
6:00 - 10:00 PM	Individual tournament: boys	Woodside Center
6:00 - 10:00 PM	Individual tournament: girls	Woodside Center
11:00 PM	Lights out	
VEDNESDAY, JUNE 26	(Waterpark open 10-9)	
7:00 - 8:00 AM		Riverview North & South
	Wrestling facility open	
	Coach session-All Head Coaches w/Dave Malecek)	Woodside Center
	Technique (all athletes & assistant coaches)	Woodside Center
9:00 - 10:00 AM	reciffique (all atflictes & assistant coaches)	
	Tages Duilding/Taghnigus	Woodside Center
10:00-11:15AM	Team Building/Technique 1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians	Woodside Center Woodside Center
10:00-11:15AM 11:30 - 12:30 PM	1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians	
11:30 - 12:30 PM	1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians Meal	Woodside Center
11:30 - 12:30 PM 2:30 - 5:30 PM	1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians Meal 2 Duals: All boys teams	Woodside Center Riverview North & South Woodside Center
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